



Dear Team Coaches and Representatives,

We are grateful for your participation and the building anticipation for our 32nd Annual Tsunami Swim Team Fall Round-up October 10-12! Scratches may be sent to Ali Tobin at: amtobin@hotmail.com, or 1 hour prior to the start of the session. Specific session warmups and start times are below. Warmups are also posted on the TST website at <https://www.teamunify.com/team/mvststkc/page/events/tst-fall-roundup>. Results will also be posted at the same link/page after the meet.

Session I Friday PM: 4:45 warmup/5:45 pm start - 1 warmup

Session II Sat AM: 7:30 am warmup/9:00 am start - 2 warmups

Session III Sat PM: 12:45 pm warmup/2:00 pm start - 2 warmups

Session IV Sun AM: 7:30 am warmup/9:00 am start - 2 warmups

Session V Sun AM 400 IM: Diving Well warmup during morning session, ~11:45 am start

Session VI Sun PM: 12:45 pm warmup/2:00 pm start

Reminders/Changes:

1. A file box will be at the computer table with file folders for each team. You can pick up heat sheets, scratch sheets, etc., in your file. Scratches: please submit 1 hour prior to the start of the session. Relay cards: due by 9:30am Sunday for 12U Relays.
2. FRIDAY: 500 FREE/400IM - limited to top 24 per gender (per our meet information) due to timeline. The list of swimmers that are swimming the 500 free & 400 IM is attached. Positive check in for the 500 Free will be at 6:00pm Friday. As a reminder, swimmers must provide a counter for the 500 free. Positive check in for the 400 IM will be at 10:00am Sunday. 400 IM will start approximately at 11:45 am.
3. Team Warmup Assignments and Unofficial timeline for coaches only are attached.
4. Parking information from Gladstone Community Center will be posted on our event page once available, link above.
5. Kiefer Aquatics will be in attendance through Sunday morning.
6. Coaches Meeting: will be held prior to the start of Friday's preliminary session and other times as requested by the Meet Referee.
7. Officials Meeting: held one hour prior to the start of each session. All officials working the session must be present at this meeting.

8. Heat Sheets: Available for purchase at the meet for spectators - cash only. Coaches will receive copies and several copies will be posted on the windows at the facility.
9. Fees & Entries: Meet fees checks must be made out to Tsunami Swim Team of Kansas City and must be brought to the meet to pay on Friday. A new list of entry fees will be at the computer table and your individual fees are attached for your team.
10. VIP - the top row bench in the stands are reserved for mobility issue patrons. Please direct your parents not to sit on these benches. Crash Area/Rules: Swimmers are to use the crash area in the East bleachers during the meet.
11. Coolers: Swimmers may bring coolers/snacks to the area. Please NO coolers on the West bleachers.
12. Ducks! The Ducks are back!! In addition, Click here to pre-order meet apparel: 2025 Fall Roundup Apparel - (Kiefer Aquatics will be on hand to sell goggles and non-team equipment as well as Arena Goggles, caps, Jolyn Training Suits, Arena Training Suits). Pre-order link on our Fall Roundup page here:
<https://www.tsunamiswimteamkc.org/controller/cms/admin/index#/website-design>
13. SAT/SUN: doors may open 30 min before warmups start, no sooner. Please tell your families.

Thank you for your support of Tsunami Swim Team! Good luck to all swimmers participating in the meet this weekend! We look forward to seeing you all!